

Legislation Text

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## A RESOLUTION DESIGNATING JULY 2022 AS PARKS AND RECREATION MONTH IN THE CITY OF GAHANNA

**WHEREAS**, our parks and recreation are vitally important to establishing and maintaining the quality of life in our community, ensuring the health of all citizens, and contributing to the City's economic and environmental well-being; and,

**WHEREAS**, parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and,

**WHEREAS**, parks and recreation encourage physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and,

**WHEREAS**, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and,

**WHEREAS**, the City of Gahanna recognizes the benefits derived from parks and recreation resources.

## NOW, THEREFORE, BE IT RESOLVED BY THE COUNCIL OF THE CITY OF GAHANNA, COUNTY OF FRANKLIN, STATE OF OHIO:

**Section 1.** That this Council hereby recognizes the importance of parks and recreation to the vitality and connectivity of the community and designates July 2022 as Parks and Recreation Month in the City of Gahanna.

**Section 2.** That this Council encourages all citizens to take part in the enjoyment of the City's beautiful parks and fun recreational opportunities - from the Creekside arboretum to the golf course, active senior programming, aquatics, trails and bikeways, pollinators, and gardens, the City of

Gahanna has spaces for everyone to breathe and blossom.

Section 3. That this Resolution shall be in full force and effect at the earliest period allowed by law.